



## WEEKLY PREVIEW

March 29-April 4

Hi all!

Lots of good rides to choose from this week. You want to push yourself and get some good mileage and climbing in? You're covered. Want to enjoy a relaxing, scenic cruise? No problem. And anything in-between is there for you to choose. You can't go wrong, so pick one or more and have fun!

Before we get to the routes, here's some.....



### CLUB NEWS

#### CVC Kit Day

April 5 is the day to show your club colors. If you need some CVC gear, get in touch with Adam Winer.



#### Cruisin is Coming!

Spend a few hours as a volunteer for the premier event of the west coast. Hundreds of cyclists ride this event, and it's up to us to be the great hosts of this huge undertaking. This is the only time that the club is asking for your help. It's also part of what we do as part of the cycling family, helping other cyclists with their endeavors. You'll be surprised at how much fun it can be "paying it forward".

Go to: VolunteerSpot: <http://vols.pt/gDuoVi> and sign up.



# THE RIDES

*You may have to copy/paste  
the route links!*

**SATURDAY:** 8:30am at Sprouts parking lot

**Red**-Gary Silver and Jerry Scott will lead the *Crimson Crushers* to Piuma, down Las Flores to the coast and back up Encinal. Gary promises an easy climbing pace....well, we'll see!

Route link: <http://ridewithgps.com/routes/4297305>

**Orange**-Jim Doane leads the *Mighty O-Crew* to Piuma, Old Topanga, and back through Calabassas.

Route link: <http://ridewithgps.com/routes/4301009>

**Gold**-Cam will point *24 Karats* out to 7 Minute Hill via Cornell, and back through Calabassas.

Route link: <http://ridewithgps.com/routes/1033071>

**Purple**- Bill Seitsema will take *Fuchsia Force* out to Olsen and back Pederson.

Route link: <http://ridewithgps.com/routes/2874265>

**SUNDAY:** 9am at Sprout's parking lot

**G.O. Ride**-Dale Smith will spearhead the *Gorangies* up to Oak Park and then around Malibou Lake.

Route link: <http://ridewithgps.com/routes/2929411>

**Social Ride**- Henry Montalvo leads the *Friendly Folk* around Malibou Lake and back through Triunfo Canyon.

Route link: <http://ridewithgps.com/routes/289399>

**TUESDAY:** Sprouts parking lot

**Gold/Orange**-5:15pm-Dale Smith points the *Store Stompers* up Rock Store.

**Racer Ride**-5:30pm-Jonathan Woodbury starts the *Mean Machines* for a Rock Store 'n more ride.

**MTB Ride**-5:30pm-Kent Koral will help lead the *Dirt Devils*. Location and route TBA. Check your emails for announcement early in the week.

**WEDNESDAY:** 3:45pm at The Landing parking lot

**Landing Ride**-Sheri Leiken will lead the *Mid-Week Wonders* out Hidden Valley and back. Check your emails for any changes early in the week.

**THURSDAY:** 5:30pm

**MTB Ride**-Location and route TBA. Check your emails for announcement early in the week.

**SAFE CYCLING TIP OF THE WEEK:**

Please....if you have to use your phone, pull over and stop. This is dangerous for you and the cyclists around you. We want everyone home safe!

**TEAM NEWS**

Members are working hard, moving up in categories, and putting in some great finishes. When you see them out there, be sure to give them some major kudos.

This Friday, some of the team will be in San Dimas for the San Dimas Stage Race. Best of luck to them all!



That's all for now, folks. Have a great week!

Cameron "Cam" Young  
CVC Ride Director  
805-217-6659

*Incident weather policy:* In the interest of safety, whenever it is either actively raining or the ride route has wet roads, it is our club policy to cancel a club ride. Club members may still choose to meet and ride in these conditions; however, the ride will not be considered an official club ride.

Please remember to park in the area along Westlake Blvd. (between the street and the first driveway aisle) and not in the area in front of the Shops/Market. If we don't respect the requests of the lease tenants, we could be asked to park elsewhere.